

Resources for Growing Tasty, Nutrient Dense Fruits and Vegetables, MEN Fair 2014

How to collect soil samples:

Soil sampling (pdf). Mahler, R.L. and T.A. Tindall. Univ. Idaho Coop. Ext. Bull. 704 (revised).

Soil sampling for home gardens and small acreages (pdf). EC 628. Oregon St. Univ. Ext. Serv.

Soil Testing Laboratories:

Soil Test Farm Consultants, Moses Lake, WA 509-786-1622 (Does Solvita soil respiration test)

International Ag Labs, Fairmont MN, 507-235-6909 (Uses Morgan Extraction Method)

Logan Labs, LLC Lakeview, OH, 937-842-6100 (Solvita soil respiration test and Morgan Extraction Method)

Ward Laboratories, Kearney, NE 800-887-7645 (Performs Haney Soil Health Test)

Interpreting Soil Test Results:

Soil test interpretation guide (pdf). 2011. EC 1478. Oregon St. Univ. Ext. Serv.

Soil Building Guides (small farms—but application for gardeners):

Building Soils for Better Crops, F. Magdoff and H. Van Es, SARE website (pdf is free)

The Ideal Soil: A Handbook for the New Agriculture, Michael Astera, 2010, www.soilminerals.com

Compost tea: Dr. Elaine Ingham, http://www.soilfoodweb.com/Compost_Tea_Recipe.html

Cover crop seed(s): <http://www.blacklakeorganic.com/OrganicCoverCropPriceList>

Sustainable soil inputs:

Black Lake Organics, Olympia WA, 360-786-0535

Fish hydrosylate (for Compost tea), Pacific Gro Raymond WA, 360-624-7769

SeaCrop (Broad array of bioavailable minerals [Pacific ocean-sourced]) Rue Creek Organics, Raymond, WA, 360-589-3444

Local guides to (Organic) Gardening:

Backyard Bounty, Linda Gilkeson

Growing Vegetables West of the Cascades, Steve Solomon

Variety Selections for Nutrient Dense Fruits and Vegetables:

Eating on the Wild Side, Jo Robinson

Brix comparison chart for fruits and vegetables:

<http://highbrixgardens.com/brix-chart-mobile.html>

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